

TA-Seminar Poomsae with Grandmaster

Ik-Pil Kang

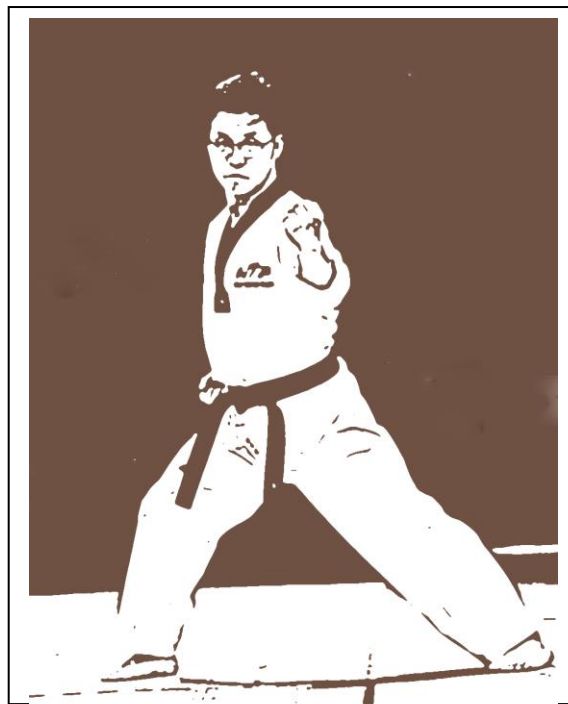
January 26 - 27, 2019, Sindelfingen/Germany

Grandmaster Ik-Pil Kang is one of the most popular poomsae-teachers world-wide. We are proud and happy that he is coming from Korea again especially for our seminar.

He will present a number of exciting subjects:

- Recognized Poomsae (Taeguk 1 to Ilyeo) according to the current WT rules.
- Practical advice: How to improve techniques ?
- Train the trainer – how to teach and correct Poomsae

By the way: Grandmaster Kang is **author of the standard work "The Explanation of Official Taekwondo Poomsae"** – if you want to meet him personally, do not miss the opportunity on January 26 and 27.



When? January 26 – 27, 2019
10 am to 4 pm

Where? Sindelfingen
Sporthalle Hinterweil
Nikolaus-Lenau-Platz 8
71067 Sindelfingen /Germany

Please note: This is a new venue!

Programme:

Saturday, January 26, 2019:

10:00 to 12:00 Basic Techniques, Taeguk Il-Jang to Sam-Jang (with Ik-Pil Kang)

13:00 to 15:00 Taeguk Sa-Jang to Pal-Jang, Poomsae Koryo and Kumgang (with Ik-Pil Kang)

15:15 to 16:00 Group 1: Poomsae Jitae and Chongkwon (with Ik-Pil Kang)

Group 2: Taeguk Il-Jang to Pal-Jang, Koryo, Kumgang (with Soo-Nam Park, 9th Dan)

Sunday, January 27, 2019:

10:00 to 12:00 Taeguk Il-Jang to Pal-Jang, Koryo, Kumgang (with Ik-Pil Kang)

13:00 to 15:00 Group 1: Poomsae Taebaek, Pyongwon, Shipjin, Hansu, Ilyo (with Ik-Pil Kang)

Group 2: Taeguk Il-Jang to Pal Jang, Poomae Koryo to Taebaek (with Soo-Nam Park)

15:15 to 16:00 Demonstration and Correction of mistakes (with Ik-Pil Kang)

Price:

For Subscribers of the magazine Taekwondo-Aktuell:
One day – 50 Euro / two days – 90 Euro
Without Taekwondo-Aktuell subscription:
One day – 90 Euro / two days – 130 Euro

Registration and information:

Taekwondo Aktuell, Phone: +49-(0)711-6071696,
Fax: +49-(0)711-6071698
E-Mail: info@taekwondo-aktuell.de,
www.taekwondo-aktuell.de

Accommodation:

We recommend the Erikson Hotel.
(Hanns-Martin-Schleyer-Straße 8, 71063 Sindelfingen, Tel.: +49 (0)7031/935-0, www.erikson.de). The Erikson Hotel offers an attractive special price: double room, 68 Euro, single room 57 Euro per night, breakfast included
Please use the key-word „Taekwondo“ when Booking and book directly with the hotel (no online booking!) to get the special price (catchword „Park Verlag“). Please book well in time.