FAEKWONDO KTUELL SEMINAR

29-30. NOVEMBER 2025 **SINDELFINGEN**

HAPKIDO - THE KOREAN ART OF SELF-DEFENSE

> The perfect complement to Taekwondo! Train authentic Hapkido with Grandmaster Bang Kyung-Won (8th Dan Hapkido, 8th Dan Taekwondo).

> The self-defence expert, based in Las Palmas, teaches in the direct lineage of Choi Yung-Sul, the legendary founder of Hapkido.

→ This ensures you learn the most effective techniques of this fascinating martial art — authentically and in their original form

Seminar contents

- Realistic joint locks and throwing techniques
- Effective self-defence applicable to any style
- Ideal preparation for belt and dan examinations in Taekwondo
- Intensive coaching suitable for beginners and advanced practitioners alike



BOOK NOW



When: November 29-30, 2025 — 10:00 AM to 4:00 PM Where: Realschule Goldberg, Goldbergstraße 27, 71065

Sindelfingen



+49 (0)711 6071696



www.taekwondo-aktuell.de

PARTICIPATION FEE
FOR TAEKWONDO AKTUELL SUBSCRIBERS:
1 DAY: €30
2 DAYS: €40
WITHOUT SUBSCRIPTION:

1 DAY: €45

2 DAYS: €70 DON'T HAVE A SUBSCRIPTION YET?
SIGN UP DURING THE SEMINAR AND ENJOY THE **DISCOUNT RIGHT AWAY!**