



SEASON 8 / 2025 TAEKWONDO DEFENSE

Taekwondo Defense Season 8

in Sindelfingen / Germany



Dan and license seminar: June 7- June 13, 2025

Weekend seminar: June 7- June 8, 2025

Refresher seminars: June 8-10 / June 8-11 / June 10-12 / June 10-13, 2025

Premium Workshop Poomsae Application (Hoshin Poomsae): June 14 – June 15

Don't miss: TKDD-Day 2025 on June 10

What is Taekwondo Defense?

Taekwondo Defense is a modern, practical form of self-defense employed by martial artists, as well as police and military units in countries like South Korea and Mexico. Unlike other self-defense systems, it is specifically founded on Taekwondo techniques. Since 2022, this community has been steadily expanding across Europe, attracting an ever-increasing number of trainers and clubs.

Why Taekwondo Defense?

Today's Taekwondo practice generally falls into two main categories: the Olympic sport style and the traditional style. While both approaches emphasize technique and discipline, they often provide limited focus on practical self-defense - an area many trainers and athletes identify as lacking. Taekwondo Defense bridges this gap by offering dynamic, reality-based techniques that complement traditional Taekwondo training and address the demands of a modern environment.

By becoming licensed TKDD instructors, coaches gain a valuable program that appeals to both new and experienced students - meeting a growing need for effective self-defense skills in today's world.

Who can learn Taekwondo Defense?

Taekwondo Defense is open to martial artists from any discipline, and it can be learned and applied effectively even without a background in Olympic-style Taekwondo.

Masters

- **Grandmaster Kim Eunseob:** Founder and President of the World Taekwondo Defense Federation
- **Master Lee Jiseok:** Chief Instructor of the World Taekwondo Defense Federation

Seminar contents

The Taekwondo Defense Federation (TKDD) in South Korea is already well-established and professionally organized, offering both Dan certifications and trainer licenses. The late Grandmaster Soo-nam Park was commissioned by founder Kim Eunseob to bring TKDD to Europe. The seminar in Sindelfingen is open to participants worldwide. Since 2022, the TKDD community has expanded across Europe, now operating in over 20 locations where regular training sessions and color belt examinations are conducted.

TKDD Season 8 Seminar Lineup

TKDD Season 8 offers a comprehensive range of seminars designed to deepen your Taekwondo Defense skills and knowledge. TKDD Season 8's seminar lineup will help you reach your goals in a dynamic, supportive learning environment.

→ Weekend seminar for athletes with and without previous experience

- **Entry requirements:** None (participation also possible without graduation).
- **Completion:** certificate of participation.
- **Perspective:** Possibility to deepen your knowledge in further seminars.

→ Dan/license seminar for athletes with previous Budo experience

- **Entry requirements:** 1st Dan Taekwondo or other Budo sport
- **Goal:** Preparation for the **1st Dan Taekwondo Defense** exam
- **Completion:** Acquisition of the 1st Dan TKDD including TKDD instructor and examiner license (C-level, exams up to green belt).
- **Perspective:** License holders can offer TKDD in their club or school.

→ Refresher and advanced seminar for Dan holders (1st - 3rd Dan TKDD)

→ Option to participate in 2nd / 3rd Dan examination

Holders of 1st or 2nd Dan TKDD can take part in the 7-day seminar to prepare for their next dan examination in consultation with President Kim. President Kim decides on admission to the exam.

→ New: Premium Workshop Poomsae Application (Hoshin Poomsae)

For the first time in Europe, we are offering a formal training program in the *Kukkiwon*-recognized Poomsae Application (Poomsae in practice / Hoshin-Poomsae). This discipline is an official category at the World Taekwondo Hanmadang and provides an excellent foundation for a deeper understanding of Poomsae. It can also be incorporated into the exam program of the German Taekwondo Union. Our two-day seminar is an intensive small-group training experience.

Experience Taekwondo in an entirely new way—be part of this premiere!

Timetable:

Training time every day 7 hours / 9:00 – 17:30 (with breaks)

Day	Dan + License	Refresher 1	Refresher 2	Refresher 3	Refresher 4	TKDD-Weekend Seminar	Premium Workshop Hoshin Poomsae
June 7	Small group					Open seminar	
June 8	Limited places	Refresher 1 (3 days)	Refresher 2 (4 days)			1 or 2 days	
June 9	Qualification Needed: 1st Dan (or Equivalent Black Belt Rank)						
June 10				Refresher 3 (3 days)	Refresher 4 (4 days)		
June 11							
June 12							
June 13							
June 13	Dan-Test						
June 14							Small group Limited places
June 15							

Venue:

Goldberg School. Goldbergstraße 34, 71065 Sindelfingen/Germany

Prices:

	With Taekwondo Aktuell subscription *	Without subscription
Weekend seminar - one day	100,- Euro	140,- Euro
Weekend seminar - two days	179,- Euro	219,- Euro
Dan and license seminar Early bird (registration until April 15, 2025)	985,- Euro	1105,- Euro
Dan and license seminar (registration from 16 April, 2025)	1085,- Euro	1205,- Euro
Examination fee	200,- Euro	200,- Euro
Refresher and advanced seminar 1 (3 days)	395,- Euro	435,- Euro
Refresher and advanced seminar 2 (4 days)	450,- Euro	490,- Euro
Refresher and advanced seminar 3 (3 days)	395,- Euro	435,- Euro
Refresher and advanced seminar 4 (4 days)	450,- Euro	490,- Euro
Poomsae Application Elite Seminar	395,- Euro	435,- Euro

* Personal subscription only (the subscription is not transferable)

Registration:

By e-mail to info@tkdd.eu

Please fill out

Seminar:	
Dan- and License	<input type="checkbox"/>
Refresher	1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/>
Weekend	Saturday <input type="checkbox"/> Sunday <input type="checkbox"/>
Hoshin Poomsae	<input type="checkbox"/>
Personal information:	
Family name	
First name	
Gender	
Nationality	
Date of birth	
Telephone	
e-mail	
Budo sport practiced	
Existing Graduation	
For members of the TKDD-community:	
TKDD Dan Graduation	
Targeted TKDD Dan grade	

Just in case - Cancellation policy: Of course we hope that you will not have to cancel your participation! Just in case, the conditions are as follows:

Cancellation April 7, 2025 - We will refund 80 percent of the participation fee.

Cancellation until May 7, 2025 - We will refund 50 percent of the participation fee

Cancellation until June 7, 2025- We will refund 25 percent of the participation fee

Info and contact

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