



Taekwondo Aktuell Seminar

Hapkido

with

Grandmaster

Bang Kyung-Won



28 - 29 November 2026, Sindelfingen

Hapkido – The Korean Art of Self-Defense, Perfectly Complementing Taekwondo!

Train in authentic Hapkido with Grandmaster Bang Kyung-Won (8th Dan Hapkido, 8th Dan Taekwondo), a self-defense expert from Las Palmas who teaches directly in the lineage of Hapkido founder Choi, Yung-Sul. This is your chance to learn the most effective techniques of this remarkable martial art, staying true to its original principles.

The seminar welcomes martial artists from all styles, focusing on joint locks and throwing techniques that provide realistic and practical self-defense skills. These techniques are also ideal for integration into the self-defense sections of Taekwondo belt and Dan exams.

Grandmaster Bang's master students will be assisting throughout the seminar, ensuring that participants of all levels—from beginners to advanced practitioners—receive individualized guidance and support.

When? **28 - 29 November 2026, from 10 a.m. to 4 p.m. each day**
Where? Sindelfingen
Realschule Goldberg, Goldbergstraße 27, 71065 Sindelfingen

Costs: **Special Price for Taekwondo Aktuell subscribers!**
For Taekwondo Aktuell subscribers: 1 day 35 Euro / 2 days 45 Euro
Without Taekwondo-Aktuell subscription: 1 day 50 Euro / 2 days 75 Euro
Don't have a Taekwondo Aktuell subscription yet?
Subscribe during the seminar and enjoy an instant discount on the spot!
Registration / Info: Taekwondo Aktuell, Phone: +49-(0)711-6071696
E-mail: info@taekwondo-aktuell.de, www.taekwondo-aktuell.de

Hotel recommendation: Erikson Hotel, Hanns-Martin-Schleyer-Straße 8, 71063 Sindelfingen, Tel.: +49-(0)7031-935-0, Email: info@erikson.de; Prices: The current prices can be found at www.erikson.de - please book in good time to get the best price

Disclaimer: By registering, all participants recognise that they take part in the seminar at their own risk. By registering, participants or their legal guardians expressly agree to the exclusion of liability and also give their consent for their image to be published in the form of photographs or film recordings or for their name to be published in reports that appear in media of any kind during or after the seminar.

See you soon in Sindelfingen!